

088___ EYES SENSITIVE TO BRIGHT LIGHTS
089___ OCCASIONAL COLD SWEATS
090___ PAINFUL LUMP IN THROAT WHEN EMOTIONALLY DISTURBED
091___ HEART POUNDS WHEN STARTLED
092___ BLOOD PRESSURES FLUCTUATES, SOMETIMES TOO LOW
093___ PERFECTIONIST, SET HIGH STANDARDS
094___ OVERLY CONCERNED ABOUT THINGS LEFT UNDONE
095___ ALLERGIES, SKIN RASH, HAY FEVER, SNEEZING ATTACKS
096___ STRESSES OR EMOTIONAL UPSETS CAUSE EXHAUSTION
097___ CRAVING FOR SALT
098___ IRREGULAR OR UNCOMFORTABLE PERIODS
099___ MENOPAUSE, HOT FLASHES
100___ HAVE HAD HYSTERECTOMY (ENTER A VALUE OF 2)
101___ LOW, OR DIMINISHED SEX DRIVE
102___ NERVOUS, DEPRESSED BEFORE PERIODS
103___ MISSING PERIODS
104___ URINATE FREQUENTLY
105___ INTENSE, FREQUENT THIRST
106___ SHAKINESS, HEADACHES, RELIEVED BY SWEETS, STARCHES
107___ IRRITABLE IF MEAL MISSING OR LATE
108___ CRAVING FOR SWEETS, ALCOHOL OR COFFEE
109___ EMOTIONAL ON EMPTY STOMACH
110___ IRRITABLE BEFORE BREAKFAST
111___ WEAK SPELLS, TIREDNESS IN MID-AFTERNOON
112___ SPELLS OR FAINTNESS, DIZZINESS, LACK OF CONCENTRATION
113___ WAKE UP AT NIGHT FEELING HUNGRY
114___ COLD SWEATS ON HANDS EVEN WHEN WARM
115___ DIABETES: YOURSELF OR YOUR PARENTS
116___ OCCASIONAL NIGHT SWEATS
117___ CHRONIC FATIGUE, LOWERED RESISTANCE
118___ HISTORIES OF SORES, ESP. ON LEGS, THAT HEAL SLOWLY
119___ CRAVE SWEETS, STARCHES, BUT EATING DOESN'T HELP
120___ COLD HANDS & FEET, OR NEED EXTRA COVERS AT NIGHT
121___ SHORTNESS OF BREATH ON EXERTION
122___ REQUIRE EXTRA AMOUNT OF SLEEP
123___ LOW EXERCISE Tolerances, LOW ENDURANCE. RESTING HELPS
124___ ARMS AND LEGS OFTEN GO TO SLEEP
125___ NUMBNESS OR HEAVINESS IN ARMS OR LEGS
126___ HAND CRAMPS WHEN WRITING
127___ TINGLING SENSATION IN LIPS OR FINGERS
128___ SHORT WALKS CAUSE ACHEs AND PAINS
129___ MEMORY LOSS
130___ CHEST PAINS, SOMETIMES DOWN LEFT ARM
131___ UNEXPLAINED Headaches OR DIZZINESS
132___ VERY RAPID HEART BEAT (OVER 90/MINUTE)
133___ VERY SLOW HEART BEAT (UNDER 50/MINUTE)
134___ HEART SOMETIMES 'FLIP-FLOPS'
135___ HISTORY OF HEART DISEASE IN FAMILY
136___ HISTORIES OF BRONCHITIS, ASTHMA, PNEUMONIA, EMPHYSEMA
137___ CHRONIC COUGH
138___ HISTORY OF COLDS, LUNG PROBLEMS
139___ CHRONIC MUCUS ACCUMULATION IN THROAT OR SINUS
140___ EXPOSURES TO CHEMICALS, AND/OR FUMES
141___ HISTORY OF ARTHRITIS
142___ STIFF OR SWOLLEN JOINTS
143___ RECENT SPRAINS OR STRAINS
144___ LIMITED RANGE OF MOTION IN JOINTS
145___ HIVES, OR PSORIASIS, OR ACNE, OR SKIN RASHES
146___ ECZEMA
147___ LOW RESISTANCE TO INFECTION
148___ FLU-LIKE SYSTEMS OFTEN OCCUR
149___ SWOLLEN GLANDS IN GROIN, TONSILS, THROAT, ARMPITS
150___ HISTORIES OF CANCER, MS, PARKINSON'S, RHEUMATOID ARTHRITIS
151___ UNUSUAL Numbers OF CAVITIES
152___ FEEL PUFFINESS IN THROAT
153___ KNOWN YEAST INFECTIONS
154___ STRESSFUL LIFESTYLE
155___ MARATHON STYLE EXERCISE
156___ VIRUS EXPOSURES
157___ FREQUENT Uses OF ANTIBIOTICS
158___ ENDOMETRIOSIS/OVARY PROBLEMS

159___ SEVERE REACTIONS TO TOBACCO, PERFUME, CHEMICAL ODORS
160___ CRAVE SUGARS, BREAD, ALCOHOL
161___ RECURRENT HEARTBURN/DIGESTIVE UPSETS
162___ CHRONIC DIARRHEA
163___ RECTAL Itches
164___ OFTEN FEEL TIRED
165___ GAS, ABDOMINAL BLOATING
166___ ABNORMAL MUSCLE ACHEs FROM EXERCISE
167___ UNEXPECTED WEIGHT GAIN
168___ NAUSEA OR DIZZINESS
169___ WEAKNESS IN GENERAL
170___ LOW HORMONE LEVELS
171___ PREMATURE AGING
172___ SLOW Recoveries OF WOUNDS/ILLNESS
173___ AGE SPOTS
174___ DAILY LOW ENERGY CYCLES
175___ POOR SKIN ELASTICITY
176___ ELEVATED BLOOD Pressures
177___ NERVOUS Tensions WITHIN 14 DAYS OF PERIOD
178___ HEADACHES WITHIN 14 DAYS OF PERIOD
179___ DEPRESSIONS WITHIN 14 DAYS OF PERIOD
180___ WEIGHT GAIN WITHIN 14 DAYS OF PERIOD
181___ FATIGUE WITHIN 14 DAYS OF PERIOD
182___ CONFUSION WITHIN 14 DAYS OF PERIOD
183___ INCREASED Appetites WITHIN 14 DAYS OF PERIOD
184___ BREAST TENDERNESS WITHIN 14 DAYS OF PERIODS
185___ CRAVE SWEETS WITHIN 14 DAYS OF PERIOD
186___ FREQUENT CRYING WITHIN 14 DAYS OF PERIOD
187___ SWELLING HANDS AND FEET WITHIN 14 DAYS OF PERIOD
188___ FORGETFULNESS WITHIN 14 DAYS OF PERIODS
189___ BLOATING WITHIN 14 DAYS OF PERIOD
190___ BACKACHES WITHIN 14 DAYS OF PERIOD
191___ MUSCULAR Weaknesses
192___ ELEVATED CHOLESTEROL
193___ LOW IMMUNITY
194___ LOW OR DIMINISHED SEX DRIVE
195___ FREQUENT Illnesses
196___ DULL OR CONFUSED THINKING
197___ MOOD SWINGS
198___ PERIODS OF ANXIETY
199___ VERTIGO PROBLEMS
200___ TINNITUS (RINGING IN EARS)
201___ POOR HEARING
202___ EYESIGHT FAILING
203___ JOINT Pains
204___ CARTILAGE DEGENERATIONS
205___ OSTEO-ARTHRITIS
206___ FREQUENT RUNNING
207___ DECREASED JOINT MOVEMENT
208___ MENOPAUSAL
209___ ABDOMINAL CRAMPS
210___ HOT FLASHES
211___ IRREGULAR MENSTRUAL CYCLES
212___ ASTHMA SYMPTOMS
213___ ARTHRITIS SYMPTOMS
214___ MUSCLE SPASMS
215___ NERVOUS Tensions
216___ INFLAMMATIONS
217___ VAGINAL DRYNESS
218___ HISTORY OF ALCOHOL USE
219___ HISTORY OF ACUTE HEPATITIS
220___ POOR DIGESTION
221___ HISTORY OF CIRRHOSIS OF LIVER
222___ CIGARETTE SMOKE Exposures
223___ NEURALGIAS
224___ RHEUMATIC / ARTHRITIC PAIN
225___ SUICIDAL THOUGHTS
226___ FREQUENT CRYING
227___ LOW MOTIVATION
228___ HYPERACTIVE Behaviors
229___ MUSCLE CRAMPS
230___ UPSET STOMACH